

Prices:

Full Price: \$ 2.00
 Reduced: .40
 Adult: \$3.05
 Milk: .60

DAILY ALTERNATES

Cheese Pizza Wedge
 Baked Low Fat Chicken Nuggets
 Chef's Salad or Salad Bar
 Variety of Fresh Sandwiches
 Cheeseburgers
 Fresh Yogurt

MENU NOTES

A plastic bottle of low fat milk in a variety of flavors is offered with every lunch.
 A vegetable and fruit, often fresh and locally grown, is offered with every lunch.
 A serving of homemade bread or rolls is offered with every lunch.

Monday March 1, 2010

Popcorn Chicken with Condiments
 Seasoned Rice
 Vegetable of the Day
 Homemade Dinner Roll
 Fruit of the Day

Tuesday March 2, 2010

Hot Dog on a Bun
 Homemade Coleslaw
 Oven Baked Red Potatoes
 Homemade Oatmeal Bread
 Ice Cream Cup

Wednesday March 3, 2010

Sloppy Joe on a Bun
 Vegetable of the Day
 Homemade Dinner Roll
 Fruit of the Day

**Thursday March 4, 2010
Breakfast for Lunch Day**

Chilled Orange Juice
 Pancakes with Syrup
 Hot Breakfast Sausages
 Oven Browned Potato Puffs
 Chilled Applesauce

Friday March 5, 2010

Pizza Sticks with Dipping Sauce
 Vegetable of the Day
 Homemade Dinner Roll
 Fruit of the Day

Monday March 8, 2010

Chicken Parmesan with Homemade Sauce and Whole Grain Pasta
 Garlic Bread
 Steamed Fresh Green Beans
 Chilled Sliced Pears

Tuesday March 9, 2010

Homemade Vegetable Soup
 Turkey Wrap
 Vegetable of the Day
 Homemade Dinner Roll
 Fruit of the Day

Wednesday March 10, 2010

Taco Salad with Salsa and Cheese
 Spanish Rice
 Whole Kernel Corn
 Homemade Cornbread
 Homemade Frosted Low Fat Confetti Cake

Thursday March 11, 2010

Spaghetti with Meat Balls and Homemade Spaghetti Sauce
 Steamed Green Beans
 Garlic Bread
 Fruit of the Day

Friday March 12, 2010

Tuna Sandwich
 Potato Chips
 Vegetable of the Day
 Bread of the Day
 Fruit of the Day

Monday March 15, 2010

Combo Basket
 Chicken Nuggets, Potato Puffs and Mozzarella Sticks
 Vegetable of the Day
 Homemade Cornbread
 Fruit of the Day

Tuesday March 16, 2010

Steak and Cheese Grinder
 Vegetable of the Day
 Bread of the Day
 Fruit of the Day

**Wednesday March 17, 2010
St Patrick's Day**

Irish Beef Stew with
 Homemade Biscuit
 Vegetable of the Day
 Fruit of the Day

Thursday March 18, 2010

Homemade Chili with Cheese and Tortilla Chips
 Spanish Rice
 Vegetable of the Day
 Homemade Cornbread
 Fruit of the Day

Friday March 19, 2010

Fish Sandwich with Cheese and Tartar Sauce
 Vegetable of the Day
 Homemade Dinner Roll
 Fruit of the Day

Monday March 22, 2010

Homemade Meat Loaf with LF Gravy and Whipped Mashed Potatoes
 Steamed Fresh Carrots
 Homemade Snickerdoodle Bread
 Fruit of the Day

Tuesday March 23, 2010

Homemade Vegetable Soup
 Hot Ham and Cheese on a Toasted Bagel with Condiments
 Vegetable of the Day
 Homemade Dinner Roll
 Fruit of the Day

Wednesday March 24, 2010

Spaghetti with Meat Balls and Homemade Spaghetti Sauce
 Steamed Green Beans
 Garlic Bread
 Fruit of the Day

Thursday March 25, 2010

Sweet and Sour Pork
 Steamed White Rice
 Oriental Mixed Vegetables
 Homemade Dinner Roll
 Fortune Cookie

Friday March 26, 2010

Pizza Sticks with Dipping Sauce
 Vegetable of the Day
 Homemade Dinner Roll
 Fruit of the Day

Monday March 29, 2010

Hot Dog on a Bun
 Homemade Coleslaw
 Baked Potato Puffs
 Homemade Oatmeal Bread
 Fruit of the Day

Tuesday March 30, 2010

Baked Homemade Lasagna
 Tossed Salad with LF Dressing
 Steamed Mixed Vegetables
 Garlic Bread
 Reduced Fat Cookie

Wednesday March 31, 2010

Roast Turkey with Low Fat Gravy
 Whipped Mashed Potatoes
 Whole Kernel Corn
 Cranberry Sauce
 Homemade Cornbread
 Homemade Frosted Confetti Cake

Thursday April 1, 2010

Homemade Vegetable Soup
 Baked Macaroni and Cheese
 Tossed Salad with LF Dressing
 Homemade Dinner Roll
 Fruit of the Day

Friday April 2, 2010

**GOOD FRIDAY
NO SCHOOL**